

00:32:26 Daniela Simart: And Thanks Sinziana :)
00:41:10 Michelle Kinder, Embody EQ: Amen to that
00:41:26 Jenn LaFleur (she/her): I am BEYOND ecstatic to begin! lol
00:41:36 Sinziana Ionescu: I CANT WAIT! Im ready!
00:41:47 Kyoko Winter: Iam soooo OPEN <3
00:42:43 Natalie MacNeil (she/her): We are soooo thrilled you're all here.
00:42:51 Natalie MacNeil (she/her): Jenn, ECSTATIC is how I feel too! :)
00:42:58 Natalie MacNeil (she/her): Ecstatic, open, ready.
00:44:55 Elena Kim: Hello All, it's Elena based in LA. Glad to be on this journey with you
00:45:01 Carollaine Garcia: Will these slides be posted on the site? I'm not seeing it on my site currently
00:45:28 Natalie MacNeil (she/her): You'll probably want to take notes if you haven't already got your notebook out ;)
00:45:45 Natalie MacNeil (she/her): Yes, slides get posted when call recordings get posted.
00:45:46 dilushani siripala: Will the slides be uploaded on the module pages in the portal?
00:46:01 Blythe Hubbard: Also take screen shots - press control, command and 3 at the same time
00:46:02 Carollaine Garcia: Lovely. Thanks natalie
00:46:21 Blythe Hubbard: sorry! Shift, command, 3
00:46:35 Natalie MacNeil (she/her): Slides and recordings are published by the next day, depending on what time the Monday call took place.
00:48:25 Aliyah O'Brien: I love the stages. So clear.
00:50:59 Lorraine Hamilton: There is no failure, only feedback
00:52:37 Jenn LaFleur (she/her): Love that Lorraine
00:52:49 Aliyah O'Brien: 30 days or 30 years
00:53:38 Christian Pinachos: why we need coaches
00:55:35 Emefa Boamah - (She/Her): I love the addition of the Embodiment piece!
00:57:34 Aliyah O'Brien: Yessssss11
00:57:39 Aliyah O'Brien: !!
01:03:53 Daniela Simart: yes yes yes
01:04:12 Daniela Simart: we are definitely much more than just body
01:10:44 Lidiann: Wow powerful!!!
01:10:56 Daniela Simart: Love this!
01:11:01 Blythe Hubbard: My heart ♥
01:11:05 Jenn LaFleur (she/her): Beautiful
01:11:39 Christian Pinachos:
01:17:15 Natalie MacNeil (she/her): We are all about pushing edges here.
01:17:30 Natalie MacNeil (she/her): Emefa, did I see a comment from you? Are you here?
01:17:59 Natalie MacNeil (she/her): Who of our alumni and now-assistant faculty are here?!
01:19:02 Christian Pinachos: I gotta go, I'll catch the rest later. Super stoked! See you guys on Thursday!
01:21:51 Laura Boyd: I'm here! :)
01:22:21 Natalie MacNeil (she/her): Hi Laura!!
01:24:12 Lorraine Hamilton: A note on the homework invitation - review the "What Makes An ICF Coach" video training in the membership site.
01:24:18 Toya Gavin: Toya is here
01:25:14 Toya Gavin: This is the most important part for me. So important.
01:26:30 Carollaine Garcia: Hi Lorraine, please note that I don't have the additional reading/ research nor additional trainings on my site. I just signed up yesterday so that may be the reason?
01:27:04 Natalie MacNeil (she/her): Carollaine, they are in "Library." You don't see Library available in the membership site?
01:27:31 Carollaine Garcia: Nope, I only have welcome - call schedule - your account - bonuses
01:27:44 Natalie MacNeil (she/her): For those who have logged into the membership site, does Library show up for you? If not, we'll make sure it's available today.
01:28:02 Sinziana Ionescu: it shows up for me
01:28:30 Mirna: It is part of the menu for me
01:33:59 Daniela Simart: yeaj, getting already excited by listening to all of this :))))))

01:37:56 Kyoko Winter: I LOOOOVE THAT
01:38:02 Lidiann: So exciting!!
01:38:23 Sinziana Ionescu: I feel like dancing on my chair - so exciting!
01:38:45 Daniela Simart: Yessss
01:40:24 Jenn LaFleur (she/her): haha! Same Sinziana!
01:41:53 Alex Harris: So is it then where coaching & mentoring differ?
01:43:03 Lorraine Hamilton: Alex - yes! Mentoring is more around doing, than being.